



8 Values of Sovereign Partnership

- We seek relationship to make our lives richer and bigger, to grow and live a full path, instead of completing one another.
- We understand that to be in healthy self-relationship is necessary to be in healthy partnership.
- We navigate conflict lovingly.
- We are emotionally responsible *with* one another but not *for* the one other.
- We trust to be emotionally safe together and always act in kindness.
- We have other important relationships and don't put everything on one another.
- We commit to take time apart and together to replenish the source of our desire.
- We have communication and congruency with our life desires and relational goals.

From *Fixing You Is Killing Me*, by Stuart Motola, page 115, chapter 9 "The Gifts of Sovereignty".

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Grow Stronger When Relationship Challenges Arise